

## Uitslag Wasschende Maen 10-04-2016 te 2242 GV Wassenaar (25m baan)

|   |                        |  |         |          |  |  |  | <b>Eindtijd</b> |
|---|------------------------|--|---------|----------|--|--|--|-----------------|
| <b>Progrn: 1 50m vlinder m. junioren 1 en later</b> |                        |  |         |          |  |  |  |                 |
| 15  | Maxiemme van der Kaaij |  | 1.04.47 | 05-02944 |  |  |  | 0.58.94*        |
| 16  | Jaida Honsbeek         |  | 1.04.56 | 06-02766 |  |  |  | 1.01.53*        |

| <i>Verbeteringen</i> |    |              |                        |            |         |            |                   |
|----------------------|----|--------------|------------------------|------------|---------|------------|-------------------|
|                      |    | <i>Nieuw</i> |                        | <i>Oud</i> |         |            |                   |
| PR                   | 50 | VLINDER      | Maxiemme van der Kaaij | 0.58.94    | 1.04.47 | 31-01-2016 | Woerden 25m       |
| PR                   | 50 | VLINDER      | Jaida Honsbeek         | 1.01.53    | 1.04.56 | 12-03-2016 | Bergschenhoek 25m |

|   |                 |  |         |          |  |  |  | <b>Eindtijd</b> |
|---|-----------------|--|---------|----------|--|--|--|-----------------|
| <b>Progrn: 2 50m vlinder j. minioren 6 en later</b> |                 |  |         |          |  |  |  |                 |
| 2   | Jens van Bergen |  | 0.43.26 | 04-03039 |  |  |  | 0.44.25         |
| 4   | Daan Sonneveld  |  | 0.52.34 | 06-01085 |  |  |  | 0.47.97*        |

| <i>Verbeteringen</i> |    |              |                |            |         |            |              |
|----------------------|----|--------------|----------------|------------|---------|------------|--------------|
|                      |    | <i>Nieuw</i> |                | <i>Oud</i> |         |            |              |
| PR                   | 50 | VLINDER      | Daan Sonneveld | 0.47.97    | 0.52.34 | 12-12-2015 | Den Haag 25m |

|   |                   |  |         |          |  |  |  | <b>Eindtijd</b> |
|---|-------------------|--|---------|----------|--|--|--|-----------------|
| <b>Progrn: 3 50m vlinder m. junioren 3 en later</b> |                   |  |         |          |  |  |  |                 |
| 3   | Jessica Braat     |  | 0.39.59 | 02-05684 |  |  |  | 0.38.05*        |
| 10  | Anastasia Voroniy |  | 0.46.44 | 02-05098 |  |  |  | 0.42.13*        |

| <i>Verbeteringen</i> |    |              |                   |            |         |            |                |
|----------------------|----|--------------|-------------------|------------|---------|------------|----------------|
|                      |    | <i>Nieuw</i> |                   | <i>Oud</i> |         |            |                |
| PR                   | 50 | VLINDER      | Anastasia Voroniy | 0.42.13    | 0.46.44 | 17-01-2016 | Leiderdorp 25m |
| PR                   | 50 | VLINDER      | Jessica Braat     | 0.38.05    | 0.39.59 | 17-01-2016 | Leiderdorp 25m |

|   |                          |  |         |          |  |  |  | <b>Eindtijd</b> |
|---|--------------------------|--|---------|----------|--|--|--|-----------------|
| <b>Progrn: 4 50m vlinder j. junioren 2 en later</b> |                          |  |         |          |  |  |  |                 |
| 6   | Marvin Boom              |  | 0.43.43 | 02-04347 |  |  |  | 0.40.49*        |
|   | Thomas van Nieuwenhuizen |  | 0.42.43 | 02-02827 |  |  |  |                 |

| <i>Verbeteringen</i> |    |              |             |            |         |            |                         |
|----------------------|----|--------------|-------------|------------|---------|------------|-------------------------|
|                      |    | <i>Nieuw</i> |             | <i>Oud</i> |         |            |                         |
| PR                   | 50 | VLINDER      | Marvin Boom | 0.40.49    | 0.43.43 | 13-09-2015 | Alphen aan den Rijn 25m |

VI : Met één hand keer- en/of eindpunt aangetikt.

|  |                    |  |         |          |  |  |  | <b>Eindtijd</b> |
|--|--------------------|--|---------|----------|--|--|--|-----------------|
| <b>Progrn: 5 50m vlinder m. jeugd 2 en later</b> |                    |  |         |          |  |  |  |                 |
| 1  | Lorena van Leijden |  | 0.34.19 | 02-02598 |  |  |  | 0.32.76*        |
| 8  | Jamille de Klerck  |  | 0.37.64 | 01-05222 |  |  |  | 0.39.17         |
| 18   | Bo Walkden         |  |         | 01-06050 |  |  |  | 0.47.83         |
| 19   | Anky Zwanenburg    |  | 0.50.93 | 00-03092 |  |  |  | 0.47.99*        |

| <i>Verbeteringen</i> |    |              |                    |            |         |            |                       |
|----------------------|----|--------------|--------------------|------------|---------|------------|-----------------------|
|                      |    | <i>Nieuw</i> |                    | <i>Oud</i> |         |            |                       |
| PR                   | 50 | VLINDER      | Lorena van Leijden | 0.32.76    | 0.34.19 | 19-04-2015 | 2242 GV Wassenaar 25m |
| PR                   | 50 | VLINDER      | Anky Zwanenburg    | 0.47.99    | 0.48.82 | 03-04-2016 | 1112, Diemen 25m      |

|   |               |  |         |          |  |  |  | <b>Eindtijd</b> |
|---|---------------|--|---------|----------|--|--|--|-----------------|
| <b>Progrn: 6 50m vlinder j. junioren 4 en later</b> |               |  |         |          |  |  |  |                 |
| 7   | Wouter Daamen |  | 0.34.52 | 01-01411 |  |  |  | 0.34.69         |
| 9   | Ruben Bootsma |  | 0.35.26 | 01-04183 |  |  |  | 0.35.16         |

|   |                 |  |         |          |  |  |  | <b>Eindtijd</b> |
|---|-----------------|--|---------|----------|--|--|--|-----------------|
| <b>Progrn: 7 50m vlinder m. senioren 2 en later</b> |                 |  |         |          |  |  |  |                 |
| 1   | Lynn Blommers   |  | 0.31.36 | 01-05062 |  |  |  | 0.31.77         |
| 6   | Carmen Bootsma  |  | 0.39.34 | 98-05760 |  |  |  | 0.38.93*        |
| 7   | Rianne Verduijn |  | 0.39.80 | 98-04158 |  |  |  | 0.39.95         |

| <i>Verbeteringen</i> |    |              |                |            |         |            |            |
|----------------------|----|--------------|----------------|------------|---------|------------|------------|
|                      |    | <i>Nieuw</i> |                | <i>Oud</i> |         |            |            |
| PR                   | 50 | VLINDER      | Carmen Bootsma | 0.38.93    | 0.39.01 | 20-03-2016 | Leiden 25m |

|  |               |  |         |          |  |  |  | <b>Eindtijd</b> |
|--|---------------|--|---------|----------|--|--|--|-----------------|
| <b>Progrn: 8 50m vlinder j. jeugd 2 en later</b> |               |  |         |          |  |  |  |                 |
| 5  | Dylan de Wit  |  | 0.34.94 | 01-00509 |  |  |  | 0.33.41*        |
| 7  | Auke Sijperda |  | 0.36.25 | 99-05115 |  |  |  | 0.34.74*        |

| <i>Verbeteringen</i> |    |              |               |            |         |            |                  |
|----------------------|----|--------------|---------------|------------|---------|------------|------------------|
|                      |    | <i>Nieuw</i> |               | <i>Oud</i> |         |            |                  |
| PR                   | 50 | VLINDER      | Dylan de Wit  | 0.33.41    | 0.34.16 | 03-04-2016 | 1112, Diemen 25m |
| PR                   | 50 | VLINDER      | Auke Sijperda | 0.34.74    | 0.34.99 | 20-03-2016 | Leiden 25m       |

|  |                       |  |         |          |  |  |  | <b>Eindtijd</b> |
|--|-----------------------|--|---------|----------|--|--|--|-----------------|
| <b>Progrn: 9 50m vlinder senioren dames all-in</b> |                       |  |         |          |  |  |  |                 |
| 4  | Julia Wortman         |  | 0.31.71 | 96-03666 |  |  |  | 0.31.33*        |
| 10   | Judith van der Heiden |  | 0.34.81 | 97-02832 |  |  |  | 0.35.45         |

| <i>Verbeteringen</i> |    |              |               |            |         |            |                  |
|----------------------|----|--------------|---------------|------------|---------|------------|------------------|
|                      |    | <i>Nieuw</i> |               | <i>Oud</i> |         |            |                  |
| PR                   | 50 | VLINDER      | Julia Wortman | 0.31.33    | 0.31.48 | 03-04-2016 | 1112, Diemen 25m |

|   |   |         |                          |            |         |            |                  |                 |
|---|---|---------|--------------------------|------------|---------|------------|------------------|-----------------|
| <b>Progrn: 10 50m vlinder senioren heren all-in</b> |   |         |                          |            |         |            |                  | <b>Eindtijd</b> |
| 5   | Lex Wortman   |         | 0.30.34                  | 95-03563   |         |            |                  | 0.29.94*        |
| 9   | Lukas Schouten  |         | 0.31.13                  | 96-02515   |         |            |                  | 0.31.64         |
| <b>Verbeteringen</b>                                |   |         |                          |            |         |            |                  |                 |
|   |   |         | <i>Nieuw</i>             | <i>Oud</i> |         |            |                  |                 |
| PR  | 50  | VLINDER | Lex Wortman              | 0.29.94    | 0.30.34 | 20-03-2016 | Leiden           | 25m             |
| <b>Progrn: 11 50m rug m. junioren 1 en later</b>    |   |         |                          |            |         |            |                  | <b>Eindtijd</b> |
| 11  | Milou van Winkel  |         |                          | 04-02296   |         |            |                  | 0.47.52         |
| 15  | Maxiemme van der Kaaij  |         |                          | 05-02944   |         |            |                  | 0.51.23*        |
| 17  | Sharlene Both   |         | 0.58.64                  | 06-02780   |         |            |                  | 1.00.67         |
| <b>Verbeteringen</b>                                |   |         |                          |            |         |            |                  |                 |
|   |   |         | <i>Nieuw</i>             | <i>Oud</i> |         |            |                  |                 |
| PR  | 50  | RUG     | Maxiemme van der Kaaij   | 0.51.23    | 0.52.29 | 03-04-2016 | 1112, Diemen     | 25m             |
| <b>Progrn: 12 50m rug j. minioren 6 en later</b>    |   |         |                          |            |         |            |                  | <b>Eindtijd</b> |
| 1   | Daan Sonneveld  |         | 0.42.81                  | 06-01085   |         |            |                  | 0.40.98*        |
| 4   | Jens van Bergen   |         | 0.43.40                  | 04-03039   |         |            |                  | 0.41.52*        |
| <b>Verbeteringen</b>                                |   |         |                          |            |         |            |                  |                 |
|   |   |         | <i>Nieuw</i>             | <i>Oud</i> |         |            |                  |                 |
| PR  | 50  | RUG     | Jens van Bergen          | 0.41.52    | 0.43.40 | 12-03-2016 | Bergschenhoek    | 25m             |
| PR  | 50  | RUG     | Daan Sonneveld           | 0.40.98    | 0.42.81 | 01-11-2015 | Leiden           | 25m             |
| <b>Progrn: 13 50m rug m. junioren 3 en later</b>    |   |         |                          |            |         |            |                  | <b>Eindtijd</b> |
| 12  | Jessica Braat   |         | 0.43.19                  | 02-05684   |         |            |                  | 0.43.17*        |
| 21  | Anastasia Voroniy   |         | 0.45.77                  | 02-05098   |         |            |                  | 0.47.61         |
| 24  | Femke Nieuwenhuis   |         |                          | 03-05198   |         |            |                  | 0.50.90         |
| <b>Verbeteringen</b>                                |   |         |                          |            |         |            |                  |                 |
|   |   |         | <i>Nieuw</i>             | <i>Oud</i> |         |            |                  |                 |
| PR  | 50  | RUG     | Jessica Braat            | 0.43.17    | 0.43.19 | 06-03-2016 | Voorschoten      | 25m             |
| <b>Progrn: 14 50m rug j. junioren 2 en later</b>    |   |         |                          |            |         |            |                  | <b>Eindtijd</b> |
| 5   | Thomas van Nieuwenhuizen  |         | 0.41.27                  | 02-02827   |         |            |                  | 0.39.50*        |
| 8   | Marvin Boom   |         | 0.41.58                  | 02-04347   |         |            |                  | 0.40.63*        |
| <b>Verbeteringen</b>                                |   |         |                          |            |         |            |                  |                 |
|   |   |         | <i>Nieuw</i>             | <i>Oud</i> |         |            |                  |                 |
| PR  | 50  | RUG     | Thomas van Nieuwenhuizen | 0.39.50    | 0.41.27 | 25-10-2015 | Leiden           | 25m             |
| PR  | 50  | RUG     | Marvin Boom              | 0.40.63    | 0.41.58 | 25-10-2015 | Leiden           | 25m             |
| <b>Progrn: 15 50m rug m. jeugd 2 en later</b>       |   |         |                          |            |         |            |                  | <b>Eindtijd</b> |
| 1   | Lorena van Leijden  |         | 0.35.67                  | 02-02598   |         |            |                  | 0.35.67         |
| 14  | Anky Zwanenburg   |         | 0.44.34                  | 00-03092   |         |            |                  | 0.44.24*        |
| 17  | Bo Walkden  |         | 0.45.77                  | 01-06050   |         |            |                  | 0.45.43*        |
|   | Jamille de Klerck   |         | 0.40.71                  | 01-05222   |         |            |                  |                 |
| <b>Verbeteringen</b>                                |   |         |                          |            |         |            |                  |                 |
|   |   |         | <i>Nieuw</i>             | <i>Oud</i> |         |            |                  |                 |
| PR  | 50  | RUG     | Bo Walkden               | 0.45.43    | 0.45.77 | 20-03-2016 | Leiden           | 25m             |
| PR  | 50  | RUG     | Anky Zwanenburg          | 0.44.24    | 0.44.34 | 31-01-2016 | Woerden          | 25m             |
| RF  | : Bij loslaten van de wand na het keerpunt de rugligging niet aangenomen. |         |                          |            |         |            |                  |                 |
| <b>Progrn: 16 50m rug j. junioren 4 en later</b>    |   |         |                          |            |         |            |                  | <b>Eindtijd</b> |
| 7   | Wouter Daamen   |         | 0.35.22                  | 01-01411   |         |            |                  | 0.36.32         |
| 9   | Ruben Bootsma   |         | 0.36.90                  | 01-04183   |         |            |                  | 0.38.72         |
| <b>Progrn: 17 50m rug m. senioren 2 en later</b>    |   |         |                          |            |         |            |                  | <b>Eindtijd</b> |
| 2   | Lynn Blommers   |         | 0.34.23                  | 01-05062   |         |            |                  | 0.34.54         |
| 5   | Rianne Verduijn   |         | 0.38.32                  | 98-04158   |         |            |                  | 0.37.84*        |
| 7   | Carmen Bootsma  |         | 0.37.02                  | 98-05760   |         |            |                  | 0.38.80         |
| <b>Verbeteringen</b>                                |   |         |                          |            |         |            |                  |                 |
|   |   |         | <i>Nieuw</i>             | <i>Oud</i> |         |            |                  |                 |
| PR  | 50  | RUG     | Rianne Verduijn          | 0.37.84    | 0.38.32 | 29-03-2015 | Roelofarendsveen | 25m             |
| <b>Progrn: 18 50m rug j. jeugd 2 en later</b>       |   |         |                          |            |         |            |                  | <b>Eindtijd</b> |
| 4   | Dylan de Wit  |         | 0.34.15                  | 01-00509   |         |            |                  | 0.34.45         |
| 8   | Auke Sijperda   |         | 0.40.25                  | 99-05115   |         |            |                  | 0.42.68         |
| <b>Progrn: 19 50m rug senioren dames all-in</b>     |   |         |                          |            |         |            |                  | <b>Eindtijd</b> |
| 7   | Julia Wortman   |         | 0.34.70                  | 96-03666   |         |            |                  | 0.34.85         |
| 9   | Mariska Zaal  |         |                          | 88-06916   |         |            |                  | 0.39.77         |
| 11  | Judith van der Heiden   |         | 0.40.40                  | 97-02832   |         |            |                  | 0.40.37         |

RF

**Progrn: 20 50m rug senioren heren all-in**

|                      |                |         |                |            |         |            |                   |                 |          |
|----------------------|----------------|---------|----------------|------------|---------|------------|-------------------|-----------------|----------|
| 7                    | Lex Wortman    | 0.32.32 | 95-03563       |            |         |            |                   | <b>Eindtijd</b> | 0.32.59  |
| 8                    | Lukas Schouten | 0.34.37 | 96-02515       |            |         |            |                   |                 | 0.34.21* |
| <b>Verbeteringen</b> |                |         | <i>Nieuw</i>   | <i>Oud</i> |         |            |                   |                 |          |
| PR                   | 50             | RUG     | Lukas Schouten | 0.34.21    | 0.34.37 | 19-04-2015 | 2242 GV Wassenaar | 25m             |          |

**Progrn: 21 50m school m. junioren 1 en later**

|                      |                        |         |                |            |         |            |              |                 |          |
|----------------------|------------------------|---------|----------------|------------|---------|------------|--------------|-----------------|----------|
| 14                   | Jaida Honsbeek         | 0.58.71 | 06-02766       |            |         |            |              | <b>Eindtijd</b> | 0.55.25* |
| 15                   | Maxiemme van der Kaaij | 0.55.29 | 05-02944       |            |         |            |              |                 | 0.55.44  |
| 17                   | Milou van Winkel       |         | 04-02296       |            |         |            |              |                 | 0.57.40  |
| 18                   | Sharlene Both          | 1.22.62 | 06-02780       |            |         |            |              |                 | 1.12.75* |
| <b>Verbeteringen</b> |                        |         | <i>Nieuw</i>   | <i>Oud</i> |         |            |              |                 |          |
| PR                   | 50                     | SCHOOL  | Sharlene Both  | 1.12.75    | 1.16.90 | 03-04-2016 | 1112, Diemen | 25m             |          |
| PR                   | 50                     | SCHOOL  | Jaida Honsbeek | 0.55.25    | 0.58.71 | 20-03-2016 | Leiden       | 25m             |          |

**Progrn: 22 50m school j. minioren 6 en later**

|                      |                 |         |                 |            |         |            |            |                 |          |
|----------------------|-----------------|---------|-----------------|------------|---------|------------|------------|-----------------|----------|
| 4                    | Daan Sonneveld  | 0.50.43 | 06-01085        |            |         |            |            | <b>Eindtijd</b> | 0.50.15* |
| 7                    | Jens van Bergen | 0.52.40 | 04-03039        |            |         |            |            |                 | 0.51.84* |
| <b>Verbeteringen</b> |                 |         | <i>Nieuw</i>    | <i>Oud</i> |         |            |            |                 |          |
| PR                   | 50              | SCHOOL  | Jens van Bergen | 0.51.84    | 0.52.40 | 17-01-2016 | Leiderdorp | 25m             |          |
| PR                   | 50              | SCHOOL  | Daan Sonneveld  | 0.50.15    | 0.50.43 | 15-11-2015 | Rijswijk   | 25m             |          |

**Progrn: 23 50m school m. junioren 3 en later**

|    |   |         |          |  |  |  |  |                 |         |
|----|---|---------|----------|--|--|--|--|-----------------|---------|
| 11 | Anastasia Voroniy                                       | 0.48.51 | 02-05098 |  |  |  |  | <b>Eindtijd</b> | 0.48.28 |
| 18 | Jessica Braat   | 0.51.86 | 02-05684 |  |  |  |  |                 | 0.51.35 |
|    | Femke Nieuwenhuis                                       | 0.55.06 | 03-05198 |  |  |  |  |                 |         |
| SR | : Meer dan één vlinderbeenslag na start en/of keerpunt. |         |          |  |  |  |  |                 |         |

**Progrn: 24 50m school j. junioren 2 en later**

|    |  |         |          |  |  |  |  |                 |         |
|----|--|---------|----------|--|--|--|--|-----------------|---------|
| 7  | Marvin Boom  | 0.48.19 | 02-04347 |  |  |  |  | <b>Eindtijd</b> | 0.49.12 |
|    | Thomas van Nieuwenhuizen                           | 0.44.03 | 02-02827 |  |  |  |  |                 |         |
| SL | : Het keer en-/of eindpunt met één hand aangetikt. |         |          |  |  |  |  |                 |         |

**Progrn: 25 50m school m. jeugd 2 en later**

|                      |                    |         |                   |            |         |            |                     |                 |          |
|----------------------|--------------------|---------|-------------------|------------|---------|------------|---------------------|-----------------|----------|
| 6                    | Lorena van Leijden | 0.46.32 | 02-02598          |            |         |            |                     | <b>Eindtijd</b> | 0.44.04  |
| 7                    | Jamille de Klerck  | 0.45.53 | 01-05222          |            |         |            |                     |                 | 0.44.40* |
| 14                   | Anky Zwanenburg    | 0.50.12 | 00-03092          |            |         |            |                     |                 | 0.50.53  |
| 18                   | Bo Walkden         | 0.52.06 | 01-06050          |            |         |            |                     |                 | 0.52.74  |
| <b>Verbeteringen</b> |                    |         | <i>Nieuw</i>      | <i>Oud</i> |         |            |                     |                 |          |
| PR                   | 50                 | SCHOOL  | Jamille de Klerck | 0.44.40    | 0.44.69 | 21-09-2014 | Alphen aan den Rijn | 25m             |          |

**Progrn: 26 50m school j. junioren 4 en later**

|   |               |         |          |  |  |  |  |                 |         |
|---|---------------|---------|----------|--|--|--|--|-----------------|---------|
| 6 | Wouter Daamen | 0.39.69 | 01-01411 |  |  |  |  | <b>Eindtijd</b> | 0.40.66 |
| 9 | Ruben Bootsma | 0.41.87 | 01-04183 |  |  |  |  |                 | 0.43.12 |

**Progrn: 27 50m school m. senioren 2 en later**

|   |                 |         |          |  |  |  |  |                 |         |
|---|-----------------|---------|----------|--|--|--|--|-----------------|---------|
| 1 | Lynn Blommers   | 0.35.81 | 01-05062 |  |  |  |  | <b>Eindtijd</b> | 0.36.50 |
| 6 | Rianne Verduijn | 0.43.70 | 98-04158 |  |  |  |  |                 | 0.44.01 |
| 9 | Carmen Bootsma  | 0.46.73 | 98-05760 |  |  |  |  |                 | 0.46.58 |

**Progrn: 28 50m school j. jeugd 2 en later**

|                      |               |         |               |            |         |            |              |                 |          |
|----------------------|---------------|---------|---------------|------------|---------|------------|--------------|-----------------|----------|
| 1                    | Dylan de Wit  | 0.37.58 | 01-00509      |            |         |            |              | <b>Eindtijd</b> | 0.36.59* |
| 9                    | Auke Sijperda | 0.51.42 | 99-05115      |            |         |            |              |                 | 0.46.16* |
| <b>Verbeteringen</b> |               |         | <i>Nieuw</i>  | <i>Oud</i> |         |            |              |                 |          |
| PR                   | 50            | SCHOOL  | Auke Sijperda | 0.46.16    | 0.47.43 | 03-04-2016 | 1112, Diemen | 25m             |          |
| PR                   | 50            | SCHOOL  | Dylan de Wit  | 0.36.59    | 0.37.58 | 08-11-2015 | Mijdrecht    | 25m             |          |

**Progrn: 29 50m school senioren dames all-in**

|                      |                       |         |               |            |         |            |             |                 |          |
|----------------------|-----------------------|---------|---------------|------------|---------|------------|-------------|-----------------|----------|
| 7                    | Julia Wortman         | 0.40.25 | 96-03666      |            |         |            |             | <b>Eindtijd</b> | 0.40.21* |
| 8                    | Mariska Zaal          | 0.42.39 | 88-06916      |            |         |            |             |                 | 0.42.24* |
| 10                   | Judith van der Heiden | 0.43.71 | 97-02832      |            |         |            |             |                 | 0.44.29  |
| <b>Verbeteringen</b> |                       |         | <i>Nieuw</i>  | <i>Oud</i> |         |            |             |                 |          |
| PR                   | 50                    | SCHOOL  | Mariska Zaal  | 0.42.24    | 0.42.39 | 23-01-2016 | Papendrecht | 25m             |          |
| PR                   | 50                    | SCHOOL  | Julia Wortman | 0.40.21    | 0.40.25 | 01-11-2015 | Leiden      | 25m             |          |

**Progrn: 30 50m school senioren heren all-in**

|   |                |         |          |  |  |  |  |  |                 |
|---|----------------|---------|----------|--|--|--|--|--|-----------------|
| 3 | Lukas Schouten | 0.35.15 | 96-02515 |  |  |  |  |  | <b>Eindtijd</b> |
| 8 | Lex Wortman    | 0.37.07 | 95-03563 |  |  |  |  |  | 0.34.42*        |
|   |                |         |          |  |  |  |  |  | 0.36.78*        |

**Verbeteringen**

|    |    |        |                |              |            |            |                     |     |  |
|----|----|--------|----------------|--------------|------------|------------|---------------------|-----|--|
|    |    |        |                | <i>Nieuw</i> | <i>Oud</i> |            |                     |     |  |
| PR | 50 | SCHOOL | Lukas Schouten | 0.34.42      | 0.35.15    | 04-10-2015 | Alphen aan den Rijn | 25m |  |
| PR | 50 | SCHOOL | Lex Wortman    | 0.36.78      | 0.37.07    | 01-11-2015 | Leiden              | 25m |  |

**Progrn: 31 50m vrij m. junioren 1 en later**

|    |                        |         |          |  |  |  |  |  |                 |
|----|------------------------|---------|----------|--|--|--|--|--|-----------------|
| 9  | Maxiemme van der Kaaij | 0.42.32 | 05-02944 |  |  |  |  |  | <b>Eindtijd</b> |
| 12 | Milou van Winkel       |         | 04-02296 |  |  |  |  |  | 0.39.89*        |
| 14 | Jaida Honsbeek         | 0.42.74 | 06-02766 |  |  |  |  |  | 0.42.46         |
| 18 | Sharlene Both          | 0.48.88 | 06-02780 |  |  |  |  |  | 0.43.15         |
|    |                        |         |          |  |  |  |  |  | 0.53.41         |

**Verbeteringen**

|    |    |      |                        |              |            |            |             |     |  |
|----|----|------|------------------------|--------------|------------|------------|-------------|-----|--|
|    |    |      |                        | <i>Nieuw</i> | <i>Oud</i> |            |             |     |  |
| PR | 50 | VRIJ | Maxiemme van der Kaaij | 0.39.89      | 0.42.32    | 06-03-2016 | Voorschoten | 25m |  |

**Progrn: 32 50m vrij j. minioren 6 en later**

|   |                 |         |          |  |  |  |  |  |                 |
|---|-----------------|---------|----------|--|--|--|--|--|-----------------|
| 3 | Jens van Bergen | 0.38.89 | 04-03039 |  |  |  |  |  | <b>Eindtijd</b> |
| 4 | Daan Sonneveld  | 0.37.24 | 06-01085 |  |  |  |  |  | 0.37.60*        |
|   |                 |         |          |  |  |  |  |  | 0.37.76         |

**Verbeteringen**

|    |    |      |                 |              |            |            |        |     |  |
|----|----|------|-----------------|--------------|------------|------------|--------|-----|--|
|    |    |      |                 | <i>Nieuw</i> | <i>Oud</i> |            |        |     |  |
| PR | 50 | VRIJ | Jens van Bergen | 0.37.60      | 0.38.89    | 22-11-2015 | Leiden | 25m |  |

**Progrn: 33 50m vrij m. junioren 3 en later**

|    |                   |         |          |  |  |  |  |  |                 |
|----|-------------------|---------|----------|--|--|--|--|--|-----------------|
| 8  | Anastasia Voroniy | 0.34.67 | 02-05098 |  |  |  |  |  | <b>Eindtijd</b> |
| 9  | Jessica Braat     | 0.36.47 | 02-05684 |  |  |  |  |  | 0.35.45         |
| 25 | Femke Nieuwenhuis | 0.45.90 | 03-05198 |  |  |  |  |  | 0.35.94*        |
|    |                   |         |          |  |  |  |  |  | 0.49.01         |

**Verbeteringen**

|    |    |      |               |              |            |            |            |     |  |
|----|----|------|---------------|--------------|------------|------------|------------|-----|--|
|    |    |      |               | <i>Nieuw</i> | <i>Oud</i> |            |            |     |  |
| PR | 50 | VRIJ | Jessica Braat | 0.35.94      | 0.36.47    | 17-01-2016 | Leiderdorp | 25m |  |

**Progrn: 34 50m vrij j. junioren 2 en later**

|   |                          |         |          |  |  |  |  |  |                 |
|---|--------------------------|---------|----------|--|--|--|--|--|-----------------|
| 4 | Marvin Boom              | 0.34.07 | 02-04347 |  |  |  |  |  | <b>Eindtijd</b> |
| 6 | Thomas van Nieuwenhuizen | 0.34.38 | 02-02827 |  |  |  |  |  | 0.32.85*        |
|   |                          |         |          |  |  |  |  |  | 0.33.55*        |

**Verbeteringen**

|    |    |      |                          |              |            |            |        |     |  |
|----|----|------|--------------------------|--------------|------------|------------|--------|-----|--|
|    |    |      |                          | <i>Nieuw</i> | <i>Oud</i> |            |        |     |  |
| PR | 50 | VRIJ | Marvin Boom              | 0.32.85      | 0.34.07    | 20-03-2016 | Leiden | 25m |  |
| PR | 50 | VRIJ | Thomas van Nieuwenhuizen | 0.33.55      | 0.34.38    | 20-03-2016 | Leiden | 25m |  |

**Progrn: 35 50m vrij m. jeugd 2 en later**

|    |                    |         |          |  |  |  |  |  |                 |
|----|--------------------|---------|----------|--|--|--|--|--|-----------------|
| 6  | Lorena van Leijden | 0.31.45 | 02-02598 |  |  |  |  |  | <b>Eindtijd</b> |
| 8  | Jamille de Klerck  | 0.32.66 | 01-05222 |  |  |  |  |  | 0.31.70         |
| 14 | Anky Zwanenburg    | 0.40.83 | 00-03092 |  |  |  |  |  | 0.32.64*        |
| 19 | Bo Walkden         | 0.42.65 | 01-06050 |  |  |  |  |  | 0.36.73*        |
|    |                    |         |          |  |  |  |  |  | 0.39.32*        |

**Verbeteringen**

|    |    |      |                   |              |            |            |                    |     |  |
|----|----|------|-------------------|--------------|------------|------------|--------------------|-----|--|
|    |    |      |                   | <i>Nieuw</i> | <i>Oud</i> |            |                    |     |  |
| PR | 50 | VRIJ | Bo Walkden        | 0.39.32      | 0.42.65    | 06-03-2016 | Voorschoten        | 25m |  |
| PR | 50 | VRIJ | Anky Zwanenburg   | 0.36.73      | 0.39.92    | 20-01-2013 | 2403 RA Alphen aan | 25m |  |
| PR | 50 | VRIJ | Jamille de Klerck | 0.32.64      | 0.32.66    | 28-02-2016 | Amsterdam          | 50m |  |

**Progrn: 36 50m vrij j. junioren 4 en later**

|    |               |         |          |  |  |  |  |  |                 |
|----|---------------|---------|----------|--|--|--|--|--|-----------------|
| 7  | Wouter Daamen | 0.29.41 | 01-01411 |  |  |  |  |  | <b>Eindtijd</b> |
| 10 | Ruben Bootsma | 0.31.20 | 01-04183 |  |  |  |  |  | 0.29.93         |
|    |               |         |          |  |  |  |  |  | 0.31.03*        |

**Verbeteringen**

|    |    |      |               |              |            |            |        |     |  |
|----|----|------|---------------|--------------|------------|------------|--------|-----|--|
|    |    |      |               | <i>Nieuw</i> | <i>Oud</i> |            |        |     |  |
| PR | 50 | VRIJ | Ruben Bootsma | 0.31.03      | 0.31.20    | 20-03-2016 | Leiden | 25m |  |

**Progrn: 37 50m vrij m. senioren 2 en later**

|   |                 |         |          |  |  |  |  |  |                 |
|---|-----------------|---------|----------|--|--|--|--|--|-----------------|
| 1 | Lynn Blommers   | 0.29.10 | 01-05062 |  |  |  |  |  | <b>Eindtijd</b> |
| 5 | Rianne Verduijn | 0.32.12 | 98-04158 |  |  |  |  |  | 0.28.76*        |
| 8 | Carmen Bootsma  | 0.33.87 | 98-05760 |  |  |  |  |  | 0.32.36         |
|   |                 |         |          |  |  |  |  |  | 0.34.95         |

**Verbeteringen**

|    |    |      |               |              |            |            |          |     |  |
|----|----|------|---------------|--------------|------------|------------|----------|-----|--|
|    |    |      |               | <i>Nieuw</i> | <i>Oud</i> |            |          |     |  |
| PR | 50 | VRIJ | Lynn Blommers | 0.28.76      | 0.29.10    | 29-11-2015 | Den Haag | 25m |  |

**Progrn: 38 50m vrij j. jeugd 2 en later**

|   |               |         |          |  |  |  |  |  |                 |
|---|---------------|---------|----------|--|--|--|--|--|-----------------|
| 6 | Dylan de Wit  | 0.28.96 | 01-00509 |  |  |  |  |  | <b>Eindtijd</b> |
| 8 | Auke Sijperda | 0.30.47 | 99-05115 |  |  |  |  |  | 0.29.01         |
|   |               |         |          |  |  |  |  |  | 0.30.35*        |

**Verbeteringen**

|    |    |      |               |              |            |            |           |     |  |
|----|----|------|---------------|--------------|------------|------------|-----------|-----|--|
|    |    |      |               | <i>Nieuw</i> | <i>Oud</i> |            |           |     |  |
| PR | 50 | VRIJ | Auke Sijperda | 0.30.35      | 0.30.47    | 20-06-2015 | Nieuwkoop | 25m |  |

**Progr: 39 50m vrij senioren dames all-in**

|    |                       |         |          |                 |
|----|-----------------------|---------|----------|-----------------|
| 5  | Julia Wortman         | 0.28.67 | 96-03666 | <b>Eindtijd</b> |
| 10 | Judith van der Heiden | 0.31.44 | 97-02832 | 0.29.96         |
| 11 | Mariska Zaal          | 0.32.66 | 88-06916 | 0.32.28         |
|    |                       |         |          | 0.33.02         |

**Progr: 40 50m vrij senioren heren all-in**

|    |                |         |          |                 |
|----|----------------|---------|----------|-----------------|
| 7  | Lukas Schouten | 0.27.49 | 96-02515 | <b>Eindtijd</b> |
| 10 | Lex Wortman    | 0.28.12 | 95-03563 | 0.27.27*        |
|    |                |         |          | 0.27.69*        |

**Verbeteringen**

|    |    |      |                |              |            |            |                     |     |
|----|----|------|----------------|--------------|------------|------------|---------------------|-----|
|    |    |      |                | <i>Nieuw</i> | <i>Oud</i> |            |                     |     |
| PR | 50 | VRIJ | Lex Wortman    | 0.27.69      | 0.28.11    | 06-04-2014 | Bergschenhoek       | 25m |
| PR | 50 | VRIJ | Lukas Schouten | 0.27.27      | 0.27.49    | 13-09-2015 | Alphen aan den Rijn | 25m |

**Progr: 41 10x50m vrij est. senioren mix all-in**

|   |     |            |                 |
|---|-----|------------|-----------------|
| 3   | AZC | <b>50m</b> | <b>Eindtijd</b> |
|   |     | 0.30.93*   | 4.56.72CR       |
| Lorena van Leijden, Marvin Boom, Lynn Blommers, Wouter Daamen, Rianne Verduijn, Dylan de Wit, Judith van der Heiden, Lex Wortman, Julia Wortman, Lukas Schouten |     |            |                 |

**Verbeteringen**

|    |       |      |                    |              |            |            |                     |     |           |
|----|-------|------|--------------------|--------------|------------|------------|---------------------|-----|-----------|
|    |       |      |                    | <i>Nieuw</i> | <i>Oud</i> |            |                     |     |           |
| PR | 50    | VRIJ | Lorena van Leijden | 0.30.93      | 0.31.45    | 04-10-2015 | Alphen aan den Rijn | 25m |           |
| CR | 10x50 | VRIJ | Estafette          | 4.56.72      | 5.03.48    | 14-04-2013 | 2242 GV Wassenaar   | 25m | Estafette |
|    |       |      |                    |              |            |            |                     |     | Mix       |